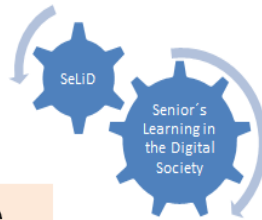


Preliminary report SELID

4. December 2020



**Senior's Learning in the
Digital Society**

2019-1-SK01-KA204-060649

Nadežda Hrapková
Project coordinator

1. How many people have been involved in the project activities (organizer/staff, seniors, others)?

Person/Institution	Alicante	Bratislava	Brno	Dresden	Chemnitz	Magdeburg	Uppsala	Wrocław	Total
Organizer/Staff	6	3	3	3	15	1	3	3	37
Seniors	161 + 360 + Q 221	213	10 + 118Q	100 + 160Q	30	3 + 42Q	143 Q 236	104	1665
Others	0	7	0	5	10	1	Researchers +	15 educators	37

2. Are there some other institutions, NGO, Clubs, firms, shops, etc. involved in the project?

Alicante:

- ▶ ADICAE (Association of Banks, Savings Banks and Insurance Companies)
- ▶ Venues and classrooms of the University of Alicante in different towns of the province
- ▶ Club Euconet SEDES, Community centers for the elderly, Adult Training Institutions and town councillors from the following towns: Alicante, Biar, Elda, Calpe, Cocentaina, La Marina, La Nucía, Torrevieja, La Vila, Calpe, Villena, Xixona, Ibi, Petrer;

Bratislava:

- ▶ Seniorfriendly club, Electric shop Nay, Club of seniors at UTA, EFOS members,

Uppsala: researchers,

Magdeburg: members of the Ministry for Economy, Science, and Digitalisation, local telecommunication company Magdeburg-City-Com GmbH (MDCC), Fraunhofer Institute for Factory Operation and Automation for future cooperation for lectures;

2. Are there some other institutions, NGO, Clubs, firms, shops, etc. involved in the project?

Dresden:

- ▶ Mobilcom-debiel-Shop
- ▶ Project "SIUPES - Smart and Healthy Aging through People engaging in Supportive Systems" at the University Dresden
- ▶ Saxony Medical Association, event Clinicum digitale

Chemnitz:

- NGO - IBIKO e.V., Solaris FZU Multigeneration House Chemnitz (Smartphone Courses),
- Clubs – Meeting Centers in the city of Chemnitz (Courses in small groups)
- Firms – Emporia GmbH Linz / Austria, Komsa AG

2. Are there some other institutions, NGO, Clubs, firms, shops, etc. involved in the project?

Austria: Vienna University: Herta Spitaler, Gerti Zupanich

Austria: Graz Generationen Centre at University


Rosemarie Kurz

The UK: Third Age Trust: Auriol Ainley, Stanley Miller, Hugh Busher;

The Netherland: Groningen: Peter Hug, Ijda Blum;

Czech republic: Pilzner: Libuše Čeledová

Vandana Vyas - Erasmus fellow at Heidelberg University, Germany & Research Scholar at Zakir Husain Centre for Educational Studies, Jawaharlal Nehru University, New Delhi, India



3. Learning courses in ICT for seniors

Alicante:

11 online or ICT related courses underway, new online:

- ▶ History of the Crown of Aragon: myths, legends and historical realities – 29
- ▶ Introduction to Eastern knowledge: texts, mythology and practical wisdom in India – 17
- ▶ Elementary English IV – 17 , Intermediate English I – 18
- ▶ Alicante's natural parks: wetlands – 14
- ▶ Making videos from your own photos and videos – 40 – New ICT and online
- ▶ Cities and empires of Greco-Roman antiquity - 23 – New online
- ▶ Make of your smartphone, tablet and social networks
- ▶ Acquisition of skills in new technologies (EUCONET) - 66

Workshops:

- ▶ Rights and advice on internet shopping – 60 – New face-to-face
- ▶ Do you know how to pay with your smartphone?- 70 – New face-to-face
- ▶ Connect and learn at the UA - 31 – New online

Dresden:

- ▶ One course for smartphone with 20 participants, it was the first smartphone course in the Dresdner Seniorenakademie
- ▶ Lecture about telemedicine with 80 participants

3. Learning courses in ICT for seniors

Chemnitz: has specialized in the development, preparation and implementation of 4 *Smartphone* courses for older people (beginners, advanced);

- motivation of older people who don't own the phone;
- Digital round tables – exchange of experience – smartphones for everyone (blind people...);
- Consultation hours – during 2 month, 4 hours weekly

Magdeburg: *in 2019 on offer.* Image editing with Adobe Photoshop CC,

- Internet ABC, Smartphone course, Digital Photography;
- Hardwareprogrammierung -Mastering everyday life with hardware programming and Internet of Things technologies,
- Ran an den Computer - Get to the computer (for beginners)
- Stadtbibliothek: Onleine-Schulung – City library: training for borrow books online - everything to do with e-books and e-readers),
- Introduction to the use of the Moodle e-learning platform)
- *New courses:* Enkeltrick 2.0 (Grandparent scam 2.0) (20 participants)
- in cooperation with the MDCC - Discovering Magdeburg serie 1, 2 (10);
- Siri, Alexa & Co. How do they understand us (15);
- What is fake news? - A panel discussion (51)
- World of books (27)
- *Winter term in 2020:* Introduction to digital teaching / learning platforms - 2x 17 participants

3. Learning courses in ICT for seniors

Bratislava:

realised in 2019 and till March 2020: courses *Social Network and Internet*, course *Smartphones* (**32**), *General ICT* courses in 3 levels (**45**). In a progress ONLINE UTA in 12 subjects

Brno:

WS 2019/20: *Information Technology D30 - Artificial Intelligence, Digital Photography, Cloud Computing, Internet of Things*: 6 groups (**76**);
Information Technology D31 - Programming in VBA for advanced users: 1 group (**9**);

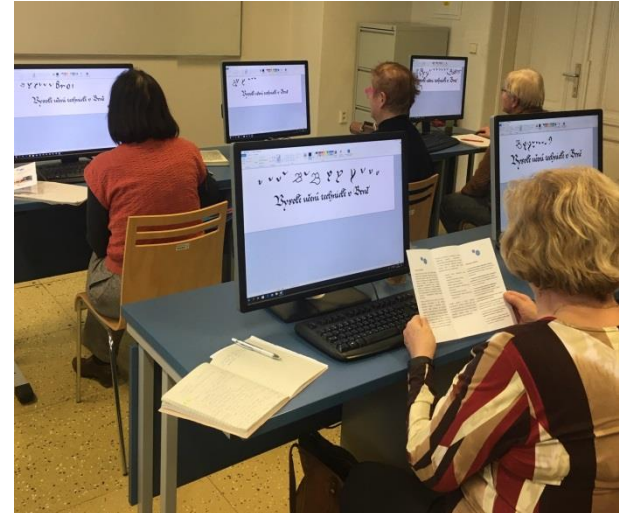
SS 2019/20: *Information Technology D32 - Optical Character Recognition, Machine Translation, Digital Photography*: 6 groups (**73**);
Information Technology D33: 1 group, (**9**);

Wroclaw:

courses for educators / Smartphones,
WhatsApp, Skype, Internet,
Music, musical jokes, radio on-line, music sites .../

▶ We use the platform KORBANK.

It is very simple to use by senior students



4. Dissemination activities have been realised, for how many people

Alicante: Newsletters: 1

- ▶ Project presented at conferences and meetings - 20
- ▶ Distribution of flyers – 2.000
- ▶ Posts – 8
- ▶ Streaming and youtube: 3
- ▶ Publicity of courses: 10
- ▶ Press articles – 5
- ▶ Radio interviews - 3
- ▶ Local authorities, etc.



Bratislava: Facebook of the Centre for CE, Facebook of Comenius Uni, Website of UTA, website of the Centre for CE, Flyer for students (280), Radio, TV, Interview for Uni Newspaper, Competition „Face of Erasmus+“, DANET Association(60), Third Age Trust(15), Association of UTA in Slovakia (30), ICT courses (35), EP Committee for culture and education on 7. Dec., UNO CoA (30)

Dresden: Two articles in the “DSA Spiegel” [newspaper of the seniors' academy], about 800 readers, articles in the Newsletter of the seniors' academy, about 650 reader

4. Dissemination activities have been realised, for how many people

Chemnitz: Information in the Senior college at TU Chemnitz (700), European Conference in Krynica (200), Seniors Network Görlitz, Dessau, Leipzig (100), Network conference at Magdeburg, Ministry of Regional Development (30), Polish-German seminar at International Meeting Center Ostritz (30), Video production with MDR-Television in the Multigenerational House (15), German Seniors Conference at Berlin: “Digitalisation for Elderly with livestream (100), Seminar at Volkshochschule Zwickau- Lecture, discussion about courses on digitalization for older people (12);

Uppsala: in the senior student groups

Wroclaw: via U3A Facebook and www site. All students who have a internet about 600 seniors

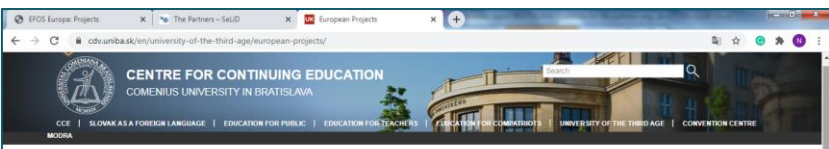
Brno: Flyer was distributed to all U3A participants (about 1000 people). Web site of the SeLiD project was presented in all U3A courses.

Magdeburg: the Ministry for Economy, Science, and Digitalisation, once at the Fraunhofer Institute for Factory Operation and Automation (IFF), once at the conference dedicated to the 40th anniversary of the Seniorenakademie in Leipzig; opening event of the winter-term 2019/20, September 2019; Information in the Newsletter 2019/20 for about 750 students;

Yes: Alicante, Bratislava, Brno,
Dresden, Wroclaw,
Magdeburg preparing change

Project website:

<https://selid.efos-europa.eu/>



6. What is a success in this phase of the project?

Chemnitz:

- ▶ Motivation beginners with Emporia-Smartphone
- ▶ Cooperation with Emporia, a producer of special smartphones for elderly people (that are easy to use),
- ▶ Visit Emporia firm at Linz/Austria, meeting to change the experiences and results,
- ▶ Discussion about methods and motivation for beginners, Course materials

Uppsala: content of the courses have been discussed and prepared with the colleagues and in the group SENIOR NET

Bratislava: new ICT course Smartphones, course for the teachers for online teaching, online UTA in progress in 12 subjects; video – how to use digital home equipments; learning documents on the website;

Magdeburg: We had the opportunity to start new learning courses, and teaching in the field of digitalisation; very good impulses on how to develop and increase the use of digital devices in our programs for seniors; moving away from the classical introductory courses toward a more “inherent” use of digital devices

6. What is a success in this phase of the project?

Alicante: the two e-commerce workshops (60 + 70);

- ▶ The delivery of three on-line courses during the period of confinement imposed by the COVID epidemic (T:63)
- ▶ The preparation, coordination and training of teachers for the online teaching with guidelines;
- ▶ The training of students: video-tutorials and UACloud seminars, which have meant that students are able now follow more online courses – 31 students.
- ▶ Web-page for the Online courses, 11 online or ICT-related courses underway,

Dresden: has developed special questionnaires for the topics telemedicine and telebanking in paper and in digital form. Digital form distributed, in paper form in the winter semester (Dresden)

Wroclaw: has already about 15 educators ready to teach seniors how to use ICT and different programs and APP/ Word, WhatsApp, mail box, communications, bases of spreadsheets, social networks;

Brno: The use of new technologies (voice recognition, Internet of Things, machine translation) in the everyday life of seniors.

7. How many seniors filled in/replied on the project questionnaire?

Due to Corona in some institutions until now less than we expected. The process will continue.

[illegible]

Who has realised the project monitoring in your institution

Dresden: Board of the association,

- ▶ Public group of the seniors' academy
- ▶ the academy Internet Interest Group

Chemnitz: Project coordinator in cooperation with the project leader;

Bratislava: economist with the project coordinator;

Wroclaw: Project coordinator

Alicante: project coordinator

Magdeburg: project coordinator, responsible administration-office of our University;

Brno: project coordinator, with the economic department of VUT

Uppsala: monitoring group in accordance with the board of the U3A

Please mention, if you had some problems, except the COVID situation.

1. **All problems were caused mainly by COVID**
2. **Chemnitz:** to get Equipment - smartphones for motivated seniors without devices and in difficult social situations in order to enable participation in Smartphone courses for beginners.
3. **Wroclaw:** Encouragement of seniors to learn online
4. **Alicante:** The pandemic revealed the need of maintaining the training through online courses both for students with good technological skills and for those who do not have them.
 - ▶ We also realised that the teaching staff were not prepared.
 - ▶ The effort has been made, on the one hand, to offer opportunities for all types of students to access online training (with support courses) and on the other to train teachers.

Some comments on ICT and old age in the Netherlands

(Ijda Blum)

The 'Raad van Ouderen' (**Board of Seniors**) was installed in 2018 as an advisory committee to the Ministry of VWS (Public Health, Well-being and Sport) on matters relevant to old age. **Two recent comments of the Board are directly related to the topics of our SeLiD project:**

1. Unasked advice about digital aids and appliances for senior's care and well-being (July 2020):

- ▶ Digital devices may result in a cost benefit in the domain of care. This benefit should lead to more space for human face-to-face contact;
- ▶ It is vital that ICT-applications should contribute to the quality of life as experienced by the older user.

2. Advice on request of the Minister of VWS about sustainable initiatives originated during the Corona crises: face-to-face contacts were minimised: videocalling, phone-circles, WhatsApp, etc. **Press release concerning this advice:**

- ▶ **NEED OF CONTACT:** seniors living on their own need contacts to counterbalance loneliness. Initiatives like call-circles can support this.
- ▶
- ▶ **PROMOTE INITIATIVES LIKE VIDEOCALLING:** can be implemented at relative low cost; Minister, emphasised this tool!
- ▶
- ▶ **HELP AND SUPPORT USE OF DIGITAL DEVICES:** create a central helpdesk for questions and advice about video calling and other means of digital contact. Support local initiatives.