



# SeLiD – Senior's Learning in the Digital Society

# Survey on the Use of Digital Technologies



Academic Year: 2019/2020

Number of respondents: 118

## **Profile of the University**

Brno University of Technology offers structured tertiary-level education in the following types of studies: Bachelor's programmes (3-4 years, ending with the titles Bc. or BcA), Master's programmes (1.5-2 years, ending with the titles Ing., Ing. arch. or MgA) and doctoral programmes (3-4 years, ending with the title PhD). Studies may be pursued full-time ("on-site") or in combined form.

The traditional fields of study are civil, mechanical and electrotechnical engineering, architecture, business and management, the fine arts and information technology.

The basic forms of teaching are lectures, seminars, studio work, projects, classwork, consultations, work placements, excursions and individual work.



University of the Third Age offers university courses (lectures, seminars, workshops) intended mostly for senior citizens.

This form of university education aims not only to improve specialist qualification of senior citizens (the knowledge acquired or degrees received are seldom needed for their jobs), but also to improve the quality of their lives, offering them intellectual activities and contact with younger generations.

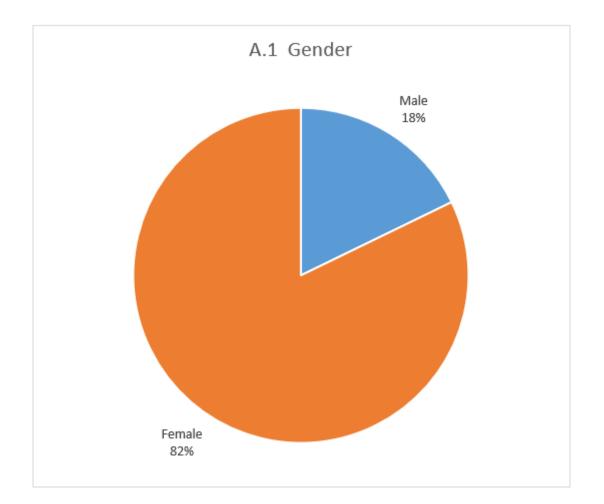
The types and scope of courses offered by different universities are of a rather divers nature. They range from single lectures to complete degree programmes studied along with full-time students. In the Czech Republic, universities of the 3rd age mostly offer thematic lecture series.

University of the Third Age is a part of the system for education-for-life at the Brno University of Technology and forms one of the modules of the Lifelong Learning Institute. Participants of University of the Third Age have the status of students of the university. University of the Third Age contributes to the popularisation of science and new discoveries, with the particular aim of making new technology and modern engineering more accessible to a wider public.

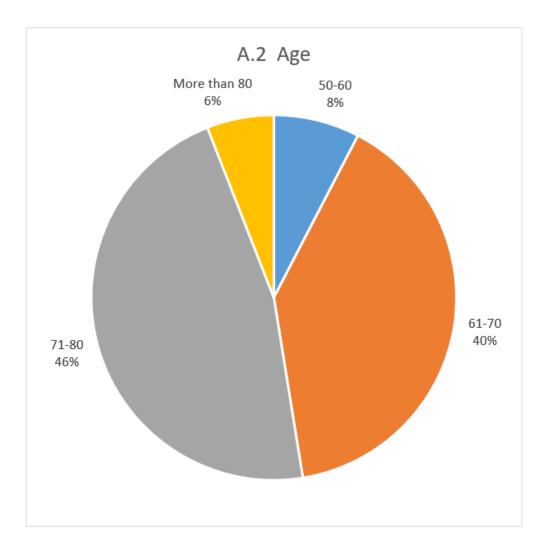
## **Results from a Survey**

## A. RESPONDENT PROFILE

| 1. Gender: |    |     |
|------------|----|-----|
| Male       | 21 | 18% |
| Female     | 97 | 82% |

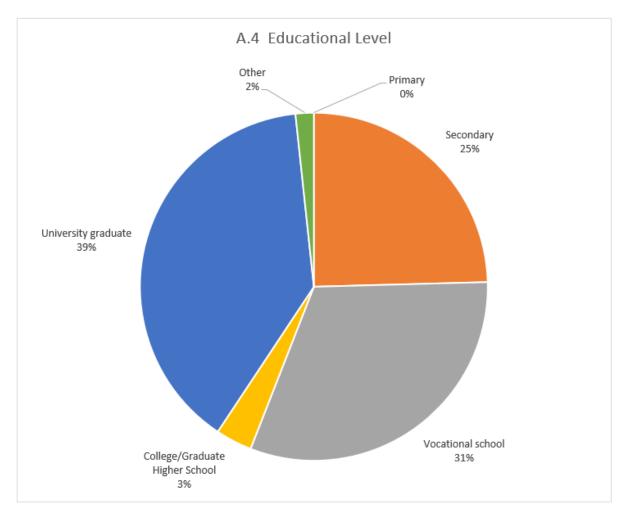


| 2. Age:      |    |     |
|--------------|----|-----|
| 50-60        | 9  | 8%  |
| 61-70        | 47 | 40% |
| 71-80        | 55 | 47% |
| More than 80 | 7  | 6%  |

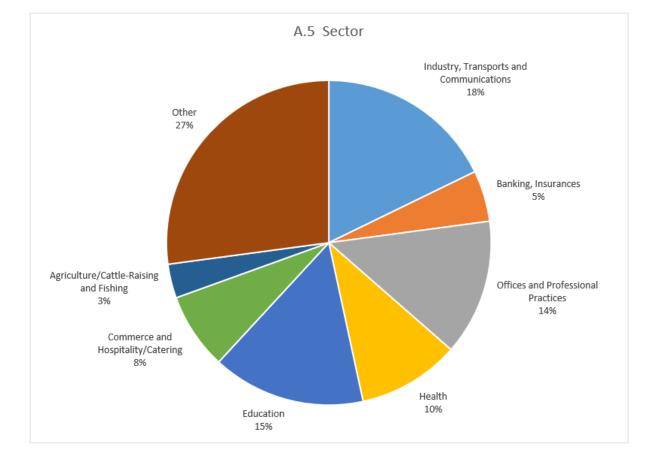


| 3. Country of Residence:                 |     |      |
|--|-----|------|
| Czech Republic                           | 118 | 100% |
| Germany                                  | 0   | 0%   |
| Poland                                   | 0   | 0%   |
| Slovakia                                 | 0   | 0%   |
| Spain                                    | 0   | 0%   |
| Sweden                                   | 0   | 0%   |
| Other: the Netherlands, Austria, the UK, | 0   | 0%   |

| 4. Educational Level:          |    |     |
|--------------------------------|----|-----|
| Primary                        | 0  | 0%  |
| Secondary                      | 29 | 25% |
| Vocational school              | 37 | 31% |
| College/Graduate Higher School | 4  | 3%  |
| University graduate            | 46 | 39% |
| Other                          | 2  | 2%  |



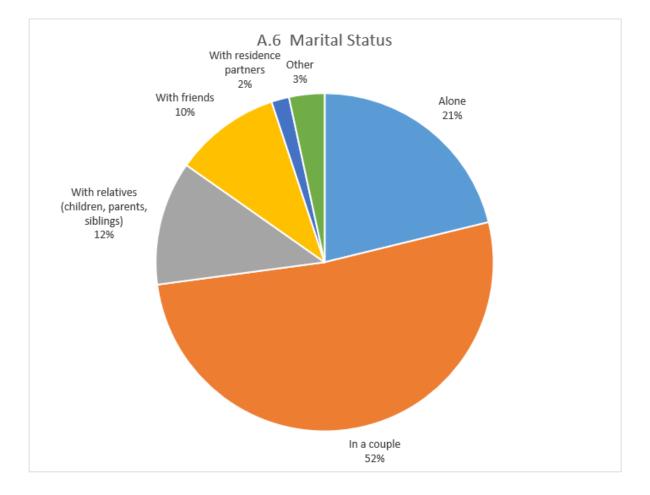
| 5. Which sector do you currently work of did you previously work in it you are not working now? |    |     |
|---|----|-----|
| Industry, Transports and Communications   | 21 | 18% |
| Banking, Insurances   | 6  | 5%  |
| Offices and Professional Practices  | 16 | 14% |
| Health  | 12 | 10% |
| Education   | 18 | 15% |
| Commerce and Hospitality/Catering   | 9  | 8%  |
| Agriculture/Cattle-Raising and Fishing  | 4  | 3%  |
| Other   | 32 | 27% |



| 5. Which sector do you current | y work/or did you previously | y work in if you are not working now? |
|--------------------------------|------------------------------|---------------------------------------|
|                                | ,                            |                                       |

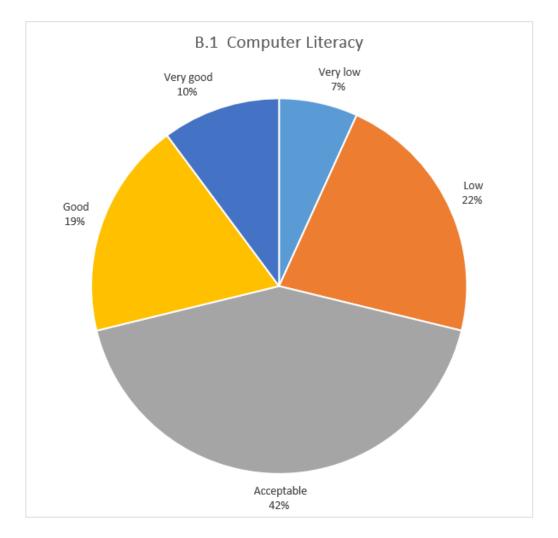
## 6. Marital/Life Status:

| or marriar Ene oracion                       |    |     |
|--|----|-----|
| Alone  | 25 | 21% |
| In a couple                                  | 61 | 52% |
| With relatives (children, parents, siblings) | 14 | 12% |
| With friends                                 | 12 | 10% |
| With residence partners                      | 2  | 2%  |
| Other  | 4  | 3%  |

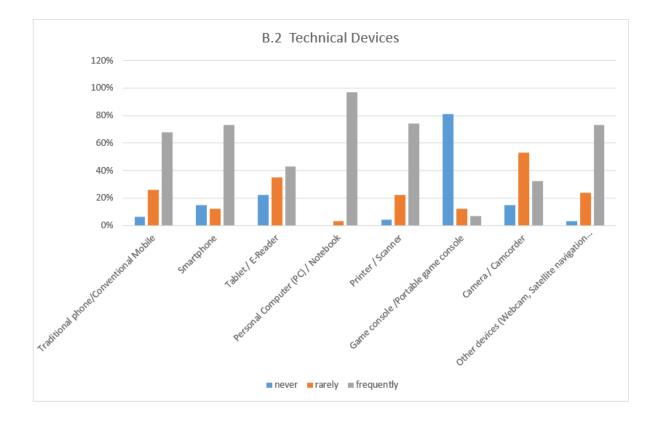


### **B. TECHNOLOGICAL RESOURCES AVAILABLE**

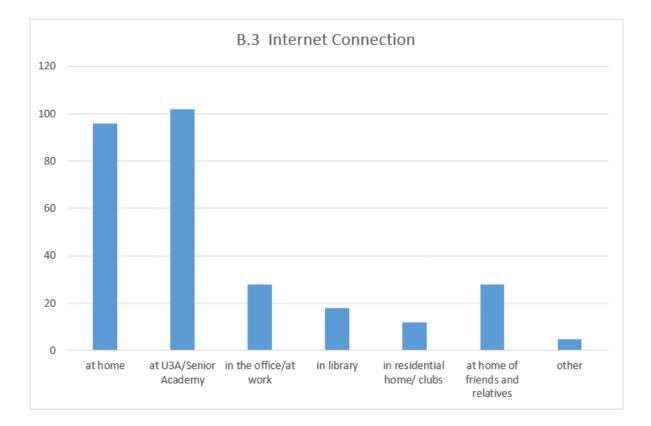
| 1. How do you rate your computer literacy (the ability to use the computer)? |    |     |
|--|----|-----|
| Very low   | 8  | 7%  |
| Low  | 26 | 22% |
| Acceptable   | 50 | 42% |
| Good   | 22 | 19% |
| Very good  | 12 | 10% |



| 2. Which of the following technical devices do you use and to what extent | t?    |        |            |
|---|-------|--------|------------|
|   | never | rarely | frequently |
| Traditional phone/Conventional Mobile                                     | 6%    | 26%    | 68%        |
| Smartphone  | 15%   | 12%    | 73%        |
| Tablet / E-Reader   | 22%   | 35%    | 43%        |
| Personal Computer (PC) / Notebook   | 0%    | 3%     | 97%        |
| Printer / Scanner   | 4%    | 22%    | 74%        |
| Game console /Portable game console                                       | 81%   | 12%    | 7%         |
| Camera / Camcorder  | 15%   | 53%    | 32%        |
| Other devices (Webcam, Satellite navigation (GPS), etc)                   | 3%    | 24%    | 73%        |

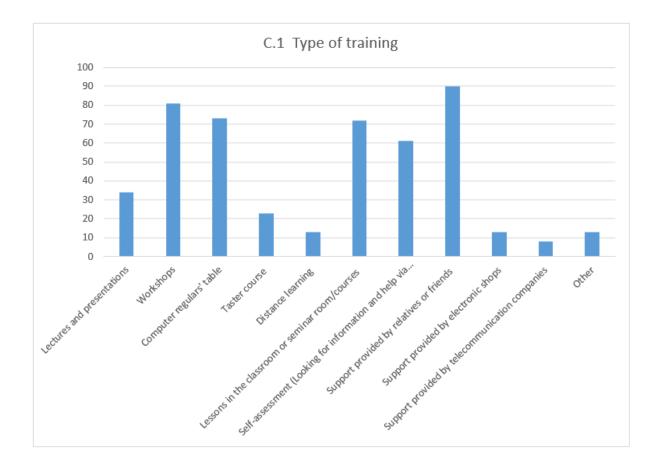


| 3. Where do you use access to the Internet connection (You can choose more than one) |     |
|--|-----|
| at home  | 96  |
| at U3A/Senior Academy  | 102 |
| in the office/at work  | 28  |
| in library   | 18  |
| in residential home/ clubs   | 12  |
| at home of friends and relatives   | 28  |
| other  | 5   |



#### C. LEARNING MODES OF THE USE OF THE DIGITAL TECHNOLOGIES

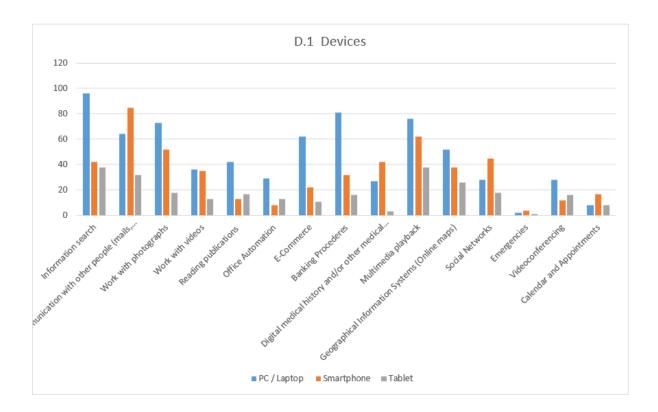
| 1. When you need to learn the basic use or to deepen your knowledge about the use of digital technolog | gies, which typ |
|--|-----------------|
| Lectures and presentations   | 34              |
| Workshops  | 81              |
| Computer regulars' table   | 73              |
| Taster course  | 23              |
| Distance learning  | 13              |
| Lessons in the classroom or seminar room/courses   | 72              |
| Self-assessment (Looking for information and help via the Internet)                                    | 61              |
| Support provided by relatives or friends   | 90              |
| Support provided by electronic shops   | 13              |
| Support provided by telecommunication companies  | 8               |
| Other  | 13              |



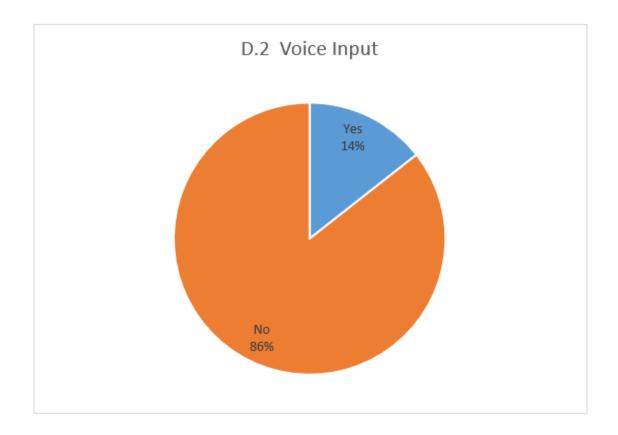
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#### D. CASES OF MORE FREQUENT USE OF DIGITAL TECHNOLOGIES

| 1. Please indicate which devices you use for the possible uses of digital technologies in the left column          |             |            |        |
|--|-------------|------------|--------|
| (You can choose more than one)   | PC / Laptop | Smartphone | Tablet |
| Information search   | 96          | 42         | 38     |
| Communication with other people (mails, conversations, messages)   | 64          | 85         | 32     |
| Work with photographs  | 73          | 52         | 18     |
| Work with videos   | 36          | 35         | 13     |
| Reading publications   | 42          | 13         | 17     |
| Office Automation  | 29          | 8          | 13     |
| E-Commerce   | 62          | 22         | 11     |
| Banking Procederes   | 81          | 32         | 16     |
| Digital medical history and/or other medical procedures or monitoring systems (pedometer, sleep, the period, etc.) | 27          | 42         | 3      |
| Multimedia playback  | 76          | 62         | 38     |
| Geographical Information Systems (Online maps)   | 52          | 38         | 26     |
| Social Networks  | 28          | 45         | 18     |
| Emergencies  | 2           | 4          | 1      |
| Videoconferencing  | 28          | 12         | 16     |
| Calendar and Appointments  | 8           | 17         | 8      |

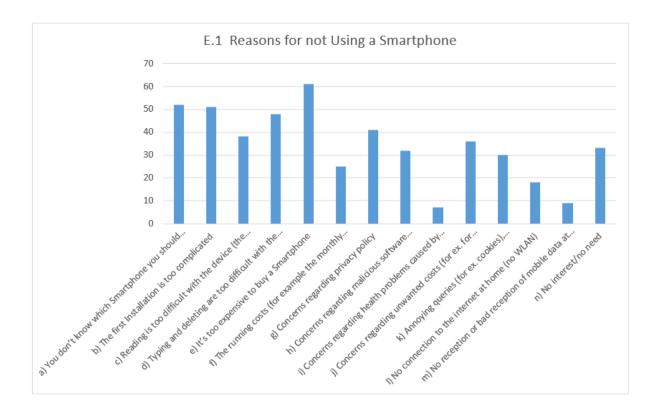


| 2. Do you use voice input? |     |     |
|----------------------------|-----|-----|
| Yes                        | 17  | 14% |
| No                         | 101 | 86% |

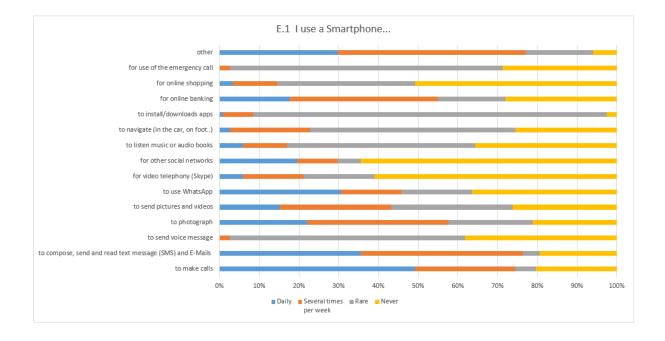


#### **E. THE SMARTPHONE**

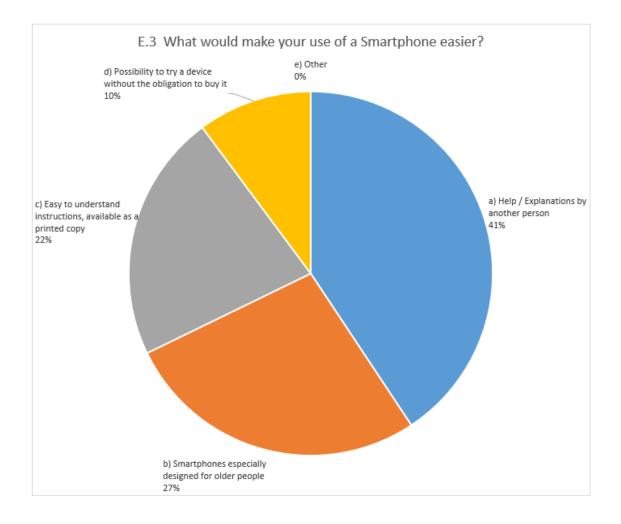
| 1. What are the reasons for older people for not using/not wanting to use a Smartphone? (N | Aultiple answers |
|--|------------------|
| a) You don't know which Smartphone you should buy (type, operational system)               | 52               |
| b) The first Installation is too complicated   | 51               |
| c) Reading is too difficult with the device (the screen is too small)                      | 38               |
| d) Typing and deleting are too difficult with the device (the control panel is too small)  | 48               |
| e) It's too expensive to buy a Smartphone  | 61               |
| f) The running costs (for example the monthly costs) are too high                          | 25               |
| g) Concerns regarding privacy policy   | 41               |
| h) Concerns regarding malicious software (malware, for ex. virus)                          | 32               |
| i) Concerns regarding health problems caused by radiations                                 | 7                |
| j) Concerns regarding unwanted costs (for ex. for things ordered caused by mistake)        | 36               |
| k) Annoying queries (for ex. cookies), advertisements and so on                            | 30               |
| l) No connection to the internet at home (no WLAN)   | 18               |
| m) No reception or bad reception of mobile data at the domicile                            | 9                |
| n) No interest/no need   | 33               |



| 2. I use a Smartphone                                    |       |               |      |       |
|--|-------|---------------|------|-------|
|  |       | Several times |      |       |
| (Multiple answers possible)                              | Daily | per week      | Rare | Never |
| to make calls  | 58    | 30            | 6    | 24    |
| to compose, send and read text message (SMS) and E-Mails | 42    | 48            | 5    | 23    |
| to send voice message                                    | 0     | 3             | 70   | 45    |
| to photograph  | 26    | 42            | 25   | 25    |
| to send pictures and videos                              | 18    | 33            | 36   | 31    |
| to use WhatsApp  | 36    | 18            | 21   | 43    |
| for video telephony (Skype)                              | 7     | 18            | 21   | 72    |
| for other social networks                                | 23    | 12            | 7    | 76    |
| to listen music or audio books                           | 7     | 13            | 56   | 42    |
| to navigate (in the car, on foot)                        | 3     | 24            | 61   | 30    |
| to install/downloads apps                                | 1     | 9             | 105  | 3     |
| for online banking                                       | 21    | 44            | 20   | 33    |
| for online shopping                                      | 4     | 13            | 41   | 60    |
| for use of the emergency call                            | 0     | 3             | 81   | 34    |
| other  | 35    | 56            | 20   | 7     |

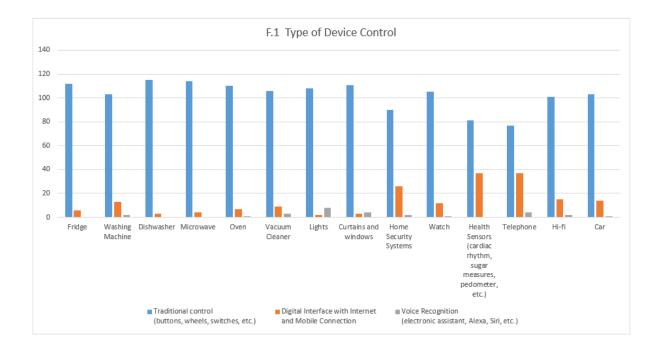


| 3. What would make your use of a Smartphone easier?             |    |     |
|---|----|-----|
| a) Help / Explanations by another person                        | 48 | 41% |
| b) Smartphones especially designed for older people             | 32 | 27% |
| c) Easy to understand instructions, available as a printed copy | 26 | 22% |
| d) Possibility to try a device without the obligation to buy it | 12 | 10% |
| e) Other  | 0  | 0%  |



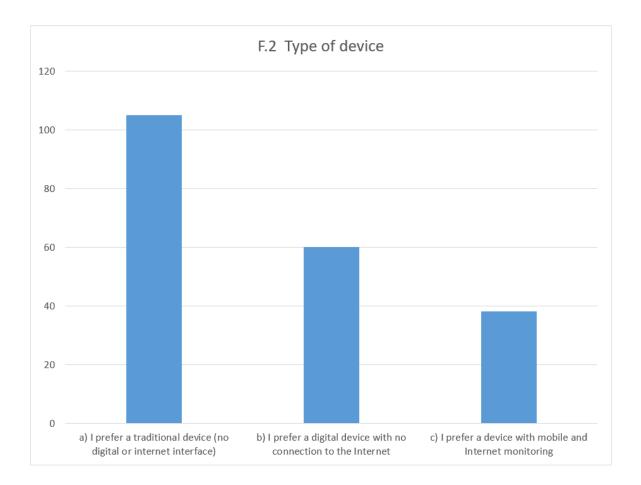
#### **F. THE INTERNET OF THE THINGS**

| 1. When you use an electronic device, how do you prefer to use/control it? |             |               |              |
|--|-------------|---------------|--------------|
|  | Traditional |               | Voice        |
|  | control     | Digital       | Recognition  |
|  | (buttons,   | Interface     | (electronic  |
|  | wheels,     | with Internet | assistant,   |
|  | switches,   | and Mobile    | Alexa, Siri, |
| (You can only choose one per row)  | etc.)       | Connection    | etc.)        |
| Fridge   | 112         | 6             | 0            |
| Washing Machine  | 103         | 13            | 2            |
| Dishwasher   | 115         | 3             | 0            |
| Microwave  | 114         | 4             | 0            |
| Oven   | 110         | 7             | 1            |
| Vacuum Cleaner   | 106         | 9             | 3            |
| Lights   | 108         | 2             | 8            |
| Curtains and windows   | 111         | 3             | 4            |
| Home Security Systems  | 90          | 26            | 2            |
| Watch  | 105         | 12            | 1            |
| Health Sensors (cardiac rhythm, sugar measures, pedometer, etc.)           | 81          | 37            | 0            |
| Telephone  | 77          | 37            | 4            |
| Hi-fi  | 101         | 15            | 2            |
| Car  | 103         | 14            | 1            |



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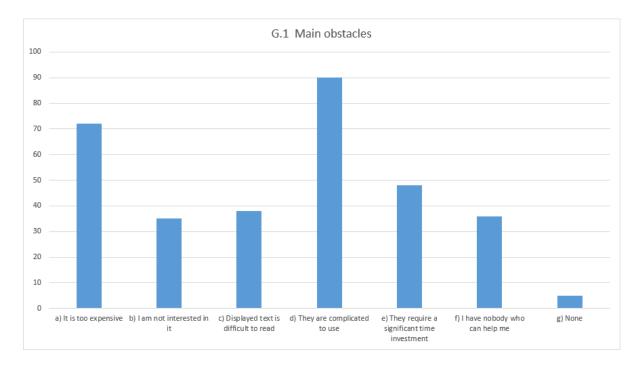
| 2. When you buy a new device, do you take in consideration if they have the possibility                                    |     |  |  |
|--|-----|--|--|
| of being controlled by mobile or internet connection or do you prefer a traditional device? (You can choose more than one) |     |  |  |
| a) I prefer a traditional device (no digital or internet interface)  | 105 |  |  |
| b) I prefer a digital device with no connection to the Internet  | 60  |  |  |
| c) I prefer a device with mobile and Internet monitoring   | 38  |  |  |



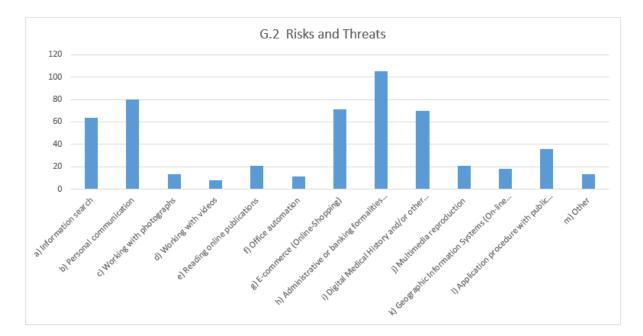
## G. MAIN DIFFICULTIES IN THE USE OF DIGITAL TECHNOLOGIES

1. Indicate the main obstacles you face when using digital technologies and apps/applications.

| a) It is too expensive                        | 72 |
|---|----|
| b) I am not interested in it                  | 35 |
| c) Displayed text is difficult to read        | 38 |
| d) They are complicated to use                | 90 |
| e) They require a significant time investment | 48 |
| f) I have nobody who can help me              | 36 |
| g) None                                       | 5  |

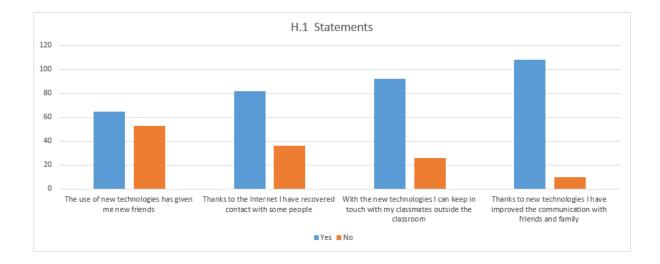


| 2. Specify which apps/applications of digital technologies make you most suspicious of/are most | t afraid |  |
|---|----------|--|
| in their use for reasons of loss of privacy, risk of theft or fraud, personal data leaks,       |          |  |
| a) Information search   | 64       |  |
| b) Personal communication   | 80       |  |
| c) Working with photographs   | 13       |  |
| d) Working with videos  | 8        |  |
| e) Reading online publications  | 21       |  |
| f) Office automation  | 11       |  |
| g) E-commerce (Online-Shopping)   | 71       |  |
| h) Administrative or banking formalities (Online-Banking)                                       | 105      |  |
| i) Digital Medical History and/or other medical formalities                                     | 70       |  |
| j) Multimedia reproduction  | 21       |  |
| k) Geographic Information Systems (On-line maps)  | 18       |  |
| I) Application procedure with public authorities (online communication)                         | 36       |  |
| m) Other  | 13       |  |

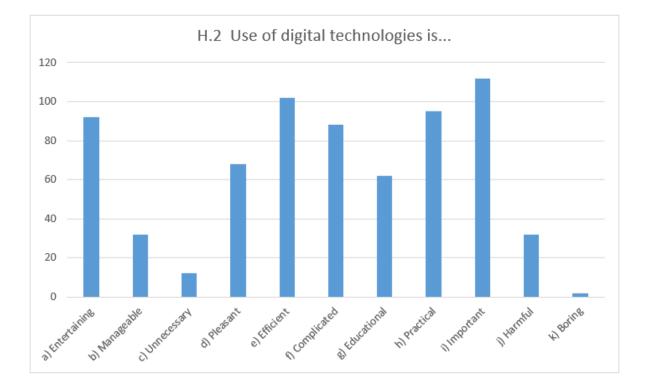


#### H. PERCEPTION and ATTITUDE TOWARDS DIGITAL TECHNOLOGIES

| 1. Indicate if you feel identified with the following statements:                      |     |    |
|--|-----|----|
|  | Yes | No |
| The use of new technologies has given me new friends                                   | 65  | 53 |
| Thanks to the Internet I have recovered contact with some people                       | 82  | 36 |
| With the new technologies I can keep in touch with my classmates outside the classroom | 92  | 26 |
| Thanks to new technologies I have improved the communication with friends and family   | 108 | 10 |



| <ol><li>You consider that the use of digital technologies is: (You can choo</li></ol> | se more than on |
|---|-----------------|
| a) Entertaining   | 92              |
| b) Manageable   | 32              |
| c) Unnecessary  | 12              |
| d) Pleasant   | 68              |
| e) Efficient  | 102             |
| f) Complicated  | 88              |
| g) Educational  | 62              |
| h) Practical  | 95              |
| i) Important  | 112             |
| j) Harmful  | 32              |
| k) Boring   | 2               |



#### ... ne) \_

## Conclusion

This report offers relevant information for the next part of the project: enlargement of the seniors' ICT skills. Most of the respondents of the survey were women (82 %). About 46 % of the surveyed respondents were situated between 71 and 80 years of age, 40 % were 61-to-70-year-olds, the remaining 14 % corresponded to people between 50 and 70 years. All respondents have at least secondary education. Concerning their computer literacy, about 29 % of respondents consider their skills are low or very low, 42 % acceptable, 29 % good or very good. Smartphones are used by 73 % of respondents. Almost all respondents use a personal computer (97 %). Seniors mostly uses access to the Internet at home or at the University of the Third Age.

Respondents usually prefer support provided by relatives or friends, workshops and lessons in the classroom. Only 14 % of respondents use voice input. Although the goal behind the Internet of Things (IoT) is to have devices that self report in real-time, improving efficiency and bringing important information to the surface more quickly than a system depending on human intervention, almost all respondents prefer traditional control of the devices.

According to the results of the questionnaire, we can conclude that the majority of respondents have a positive attitude towards digital technologies and are willing to overcome the difficulties of using the equipment. Nowadays ICT cannot be separated from their daily needs. Because digital technologies have a great impact on seniors' lives, during the upcoming computer courses implemented within the SeLiD project, our special goal is to attract seniors' attention to the most popular IoT devices and to the artificial intelligence issues.