



The University of the Third Age at the Wrocław University during the pandemic – academic year 2020/2021

The pandemic has influenced every venue of education, closing one door but opening another. The University of the Third Age at University of Wrocław/ U3A at UWr/ has until now relied on stationary classes and people face-to-face interaction. The seniors happily attended the lectures and discussing their views a coffee table.

However, the reality of today has changed all that! We have not given up; the Seniors who until now were not interested in computed learning and has to adopt to something else; remote learning! This presents a challenge for the learners and the administration. The now process has resulted in a huge success; We had a participation rate of 300 persons in 2020/2021 of remote learning mode.

The Senior learners took part in language classes such as: English, German, Spanish and French at different levels.

The health issue became everyday issue that had been highlighted at such classes as: "Our health in our hands", "Psychology of late adulthood", "Health and me". We also had online - spinal Yoga exercises, Activity and club groups have remained active as well. The Russian Language Club and Spanish Culture Clubs, the OKNO Discursive Club, and Art Music and Poetry Ensemble.

We had a good response to other activities as well the Photography Section, the Genealogy Section, the Scrabble Section, Tourism Section, wonders of our environment, human development, art and behavior. This way our U3A brings together a whole group of talented people willing to share their creativity.

This has resulted in articles, films and beautiful handicrafts, which we have had the opportunity to be admired and published on our Facebook and YouTube profiles.

In addition, the U3A offers a whole range of lectures, as "Ethical and aesthetic search for values", "Classical philology", "History of censorship of work", "Opera music", "Geological journey", "Beauty of word landscape", "Origins of countries and peoples", "Art and customs", "World of nature", "Human life mystic" as well as many workshops expanding the knowledge of the Students, e.g. journalism and literary workshops, IT technologies, theater activities which filled the free time of Seniors. The active curriculum was composed of 36 various classes, workshops and lectures. We have taken special care to adjust to the environment of today's reality.

We had the good fortune to invite various notables of our town and political leaders as:

Mayor of Wrocław Jacek Sutryk, MP- Sawomir Piechota, and MEP- Jaroslaw Duda

We have not neglected those learners who for various reasons could not take part in the on-line education . Such senior learners have received special ‘‘packages’’ that were distributed to them during the months of December and mit-April and May with the help of student from the UWr Help+team. .

Despite our strongwill for contact with other human beings, this year, apart from many worries has given us the motivation not to afraid and try other and new things.

To overcome this fear and find out that it is not an obstacle to us, but after getting used to them, we can make our life easier.

U3A = University of the Third Age

UWr = University of Wrocław

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