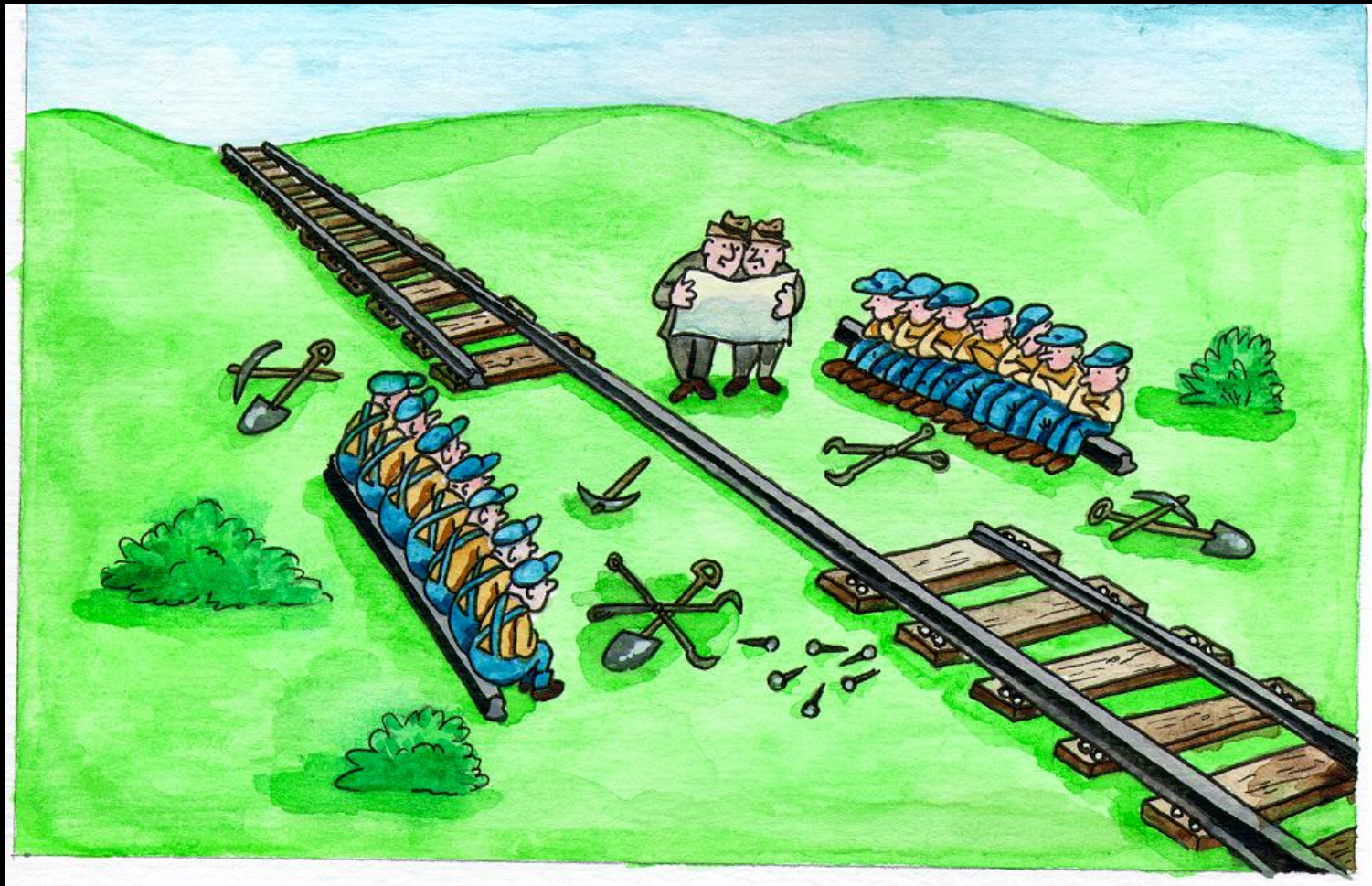


Is the
Digital Society
already in
Uppsala?



Seniors vs ICT-designers



1. Total exclusion.
2. Partly excluded.
3. In the border line
4. Inside the DS
5. Advancing in the DS.
6. Fully inside the DS

Your position
in the Digital
Society?



1. Total exclusion.
2. Partly excluded.
3. In the border line
4. Inside the DS
5. Advancing in the DS.
6. Fully inside the DS

We focused
on the first
two!

2. Partly excluded

You have a PC, tablet or smartphone but do not dare to use them for financial transactions

1. Total exclusion

You don't have a computer / tablet / smartphone. You don't use the Internet and have no ambitions to do so.

The course for “Ladies and Gentlemen in red”

Basic characteristics;

- Six weeks
- One double lesson per week
- Five students
- Physical lessons only
- Teacher calls everyone before course to check up status

The modified course for “Ladies and Gentlemen in red”

Basic characteristics;

- Six Four weeks
- One double lesson per week
- Five Six students
- Physical lessons only
- Teacher call everyone before course to check up status

Some people need a personal trainer as an introduction



What we want to offer the students

1. Inspiration, curiosity
2. Courage
3. Facts (how to use a smart phone or tablet)

But – we will also have a serious discussion with representatives for...

1. Elderly Care
2. Health Care
3. ...and others

One of the systems in the pandemic



QR Code



FAST_CONTROL

Form identifier

b04cc52b-817e-4172-87f2-c1c06b8a5e31

Date of arrival

01/12/2021

Flight number

SK1853

Seat number

10a

Name and surname

Benny

Eklund

Passport number / ID number

36097909

This document is personal and non-transferable, it must be presented on a mandatory basis at the sanitary control of the destination airport. You must follow the instructions of the personnel at the said control at all times. You are responsible for the information provided, and which is part of this document, as well as the custody of it. We recommend its destruction after being shown at the airport health control.

REMEMBER: If you travel to Spain, you agree to carry out those indications and measures indicated by the health authorities. You also pledge to comply with the established hygienic-sanitary measures, which can be found on the website of the Spanish Ministry of Health.

In particular, you pledge that if during the 14 days after entering Spain you present symptoms of acute respiratory infection (fever, cough or breathing difficulties), you will self-isolate in your place of residence, conducting self-monitoring of symptoms of the coronavirus and you will contact the health authorities of the autonomous region in which you are by telephone.

For more information on the procedure or the processing of personal data, consult the SpTH portal (spth.gob.es), or download the "SpTH" mobile application available for Android or iPhone.

Seniors don't need to do all themselves – but perhaps more?

